

# 2007 Bike for Fun and Health Bicycle Ride for All Ages May 12<sup>th</sup>, 2007



**All rides Start and end at Meals on Wheels of Chemung County.  
Registration 8 am and Ride starts at 9 am**

- 3 mile fun ride for kids and their senior citizen escorts.
- 6 mile short ride for anyone.
- 35 mile bike tour to Caton and back.
- 100 Kilometer (61 miles) tour extended to Chemung and back.
  - All riders start together. **Helmets required.**
  - Contest awards, snacks and drinks at the end
  - Donations for the ride: **Proceeds benefit Meals on Wheels of Chemung County.**
    - Children and teens donate 2 non-perishable food items.
    - Seniors - \$10 donation.
    - Adults - \$25 donation.

Registration Form for Bicycle Ride			
<b>Participate Name:</b>		<b>Age:</b>	
<b>Street Address:</b>			
<b>City:</b>		<b>State:</b>	<b>ZIP:</b>
<b>Phone:</b>		<b>Email Address:</b>	
<b>Signature:</b>			
<b>Signature of Guardian if under 18</b>			
<b>Official Use</b>	<b>Received Donation:</b>		

## 2007 Bike to School Week Contest May 14<sup>th</sup> thru May 18<sup>th</sup>, 2007 *MAY IS NATIONAL BIKE MONTH*

Name: \_\_\_\_\_

***Prizes for most miles ridden***

All who ride Monday through Friday will win a gift.  
Students, please have witness over 18 sign to verify.

Date	Distance	Witness	Witness Phone#
1 Monday May 14 <sup>th</sup> , 2007			
2 Tuesday May 15 <sup>th</sup> , 2007			
3 Wednesday 16 <sup>th</sup> , 2007			
4 Thursday 17 <sup>th</sup> , 2007			
5 Friday 18 <sup>th</sup> , 2007			
<b>Total Distance</b>			

**Submit your completed form to your school coordinator.**

PLEASE FILL OUT BOTH SIDES OF FORM

